



MAPLE RIDGE ELEMENTARY SCHOOL

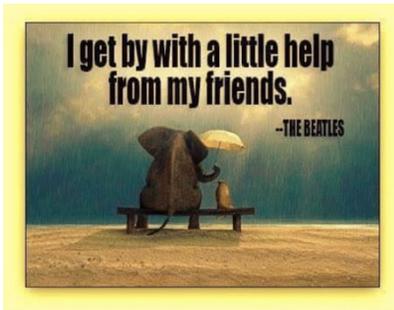
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Principal: Mme Donna Servant

Vice Principal: Mrs. Lisa Kania

FEBRUARY 2019 NEWSLETTER



Recently, my son Justin, picked up the book titled *Why We Sleep* by Matthew Walker. He read it in about two days and then his brothers read it. (It's so funny how hard it was to get them to read when they were little and now, they read so much for pleasure!). Although I haven't yet read this exciting book, my sons have become sleep advocates and keep telling me how critical it is for all of us to get a good night's sleep. Research discusses how sleep is connected to learning, managing emotions, and health. While it was very difficult to get my boys to go to bed on time when they were young, this particular book

has convinced them that they should have listened to their mother. Now they are all reading and going to bed early! It took many years to achieve this.

All of this made me consider how sleep certainly contributes to children's well-being at school and their ability to develop healthy relationships. Every day educators and families teach children to negotiate peaceful resolutions to conflicts, to attend to instruction, and to manage emotions in acceptable ways. Given how busy a school day is, it's important for all of us to arrive refreshed and able to be our best. Sleep contributes to starting the day in a good mood. This can help us to get along better, learn more, and have more compassion.



February is a special month where we celebrate Valentine's Day, Family Day, and finish off with Kindness Counts Day. It seems to me that it is all about celebrating relationships. MRE is holding a special *Kindness Counts* assembly on February 27 at 1:00 and you are invited to join us. Many classes are working on performances to present and we are asking everyone to wear pink. You may want to check out www.randomactsofkindness.org or heartmindonline.org for more resources and information about teaching kindness to children.

Let's enjoy the month ahead and take advantage of the longer nights with good sleep. According to the book it will help us stay positive during the rainy, dark months. Hopefully, this will make us all a little kinder. We wish you a wonderful Family Day and look forward to seeing you at our assembly at the end of the month.

Mme Servant
Principal

Mrs. Kania
Vice Principal

KINDERGARTEN REGISTRATION

Kindergarten registration for the 2019/20 school year is open to children who are **5 years old on or before December 31, 2019**. Visit the district website for detailed information on the five phases (c'usquela Elementary registration, sibling registration, choice registration, general registration, late registration), registration timelines, and other important information: <http://www.sd42.ca/kindergarten-registration/>

Registration Phases:

FEB 1-4: Choice Registration. Open for all students who want to participate in any one of SD42's unique program offerings (e.g. Environmental School, French Immersion, Montessori).

FEB 12-19: General Registration. General registration for English school.

FEB 27-June 26: Late Registration. This phase is for parents who may have missed previous registration phases.

GRADE 8 REGISTRATION

Detailed information can be found on the district website (www.sd42.ca) under the Parents tab, scroll to Student Registration. This can also be found on the MRE portal.

Online registration begins **February 5 at noon** and closes Feb 20 at noon. If you do not register your child by the online registration deadline, you will need to complete a paper registration form at your child's catchment high school.

March 1 - Families advised of placements via email.

HIGH SCHOOL TRANSFERS AFTER REGISTRATION DEADLINES

Movement between schools after Feb 20 deadline requires a transfer process. Transfer forms are available at all schools.

The ability to transfer will be limited by building space and available staffing. See Student Transfer Guidelines.

A review of transfer requests will be completed before the Grade 7 orientation date in May. Individual meetings and/or visits will occur after placement.

MOVING?

If you are moving before the next school year, please visit the district website (www.sd42.ca) for information and transfer deadlines.

PARKING LOT SAFETY AND ROUTINES AT MRE

Traffic issues surrounding MRE are a safety concern to all. Congestion during arrival and pick-up times lead to poor traffic circulation and often aggravate drivers and pedestrians which can lead to potential conflict as well as creating a very unsafe situation for our children.

Safety is everyone's responsibility and we need to ensure that we all do our part.

Common Traffic Problems At Schools Include:

- Parking, stopping illegally
- Unsafe turns and U-turns
- Not stopping for children at crosswalks

Other Safety Problems:

- Children darting across the street through traffic unaccompanied by an adult
- Crossing in between vehicles or mid-block instead of at the marked crosswalk
- Letting children out of the car on the street or in front of the staff parking lot

School parking lot rules:

- All school parking lots are designated for staff and vehicles displaying the disabled tag in their windshield. Daycare buses and taxis may use the roundabout at pickup.
- Students may be dropped off in the roundabout but this area is CLOSED for pick up between 2:00 and 2:35.

Suggestions to help keep the area safer:

- Consider parking away from the school (on a nearby adjacent street) and walking your child to school.
- Ensure all pedestrians use the designated crosswalk.

Thank you for your continued cooperation with regards to our parking lot.

Non-Instructional Day, Thursday, February 14
Schools Not In Session, Friday, February 15
Family Day, Monday, February 18th

WEST COAST RECESS

It has been very soggy outside and the field can be quite muddy. Please ensure your child has a change of clothes at school, boots and a suitable coat for the wet weather. Research shows that students benefit from daily opportunities to play outside in the fresh air. After being outside, students are better able to focus and it also strengthens their immune system. There are more open spaces outside for children to be physically active. Students also have a chance to socialize with students from other classes.

NEW CHILDCARE MODULAR AT MRE!

A new childcare facility will be opening at Maple Ridge Elementary starting late August 2019. This childcare facility will be one of several opening in our school district.

The school district is currently in the process of selecting operators for these childcare facilities. Once operators are selected, they will be able to provide the community with information about the nature of the services they will provide, their registration process, as well as the costs.

Kindness



Counts!

FEBRUARY 27, 2018 IS PINK T-SHIRT DAY!

KINDNESS STARTS HERE....

On Wednesday February 27th everyone is encouraged to wear something pink to emphasize that kindness can change the world!

Join us for the next
MRE PAC Meeting
Tuesday, February 12th
@ 7:00 pm in the school library

PAC NEWS...

This year's final Lug-A-Mug will be held on Thursday, February 21st. It will be Hot Chocolate. Volunteers are needed to serve. Please email Sabrina Harker if you are able to help at sabrinaharker@hotmail.com

Our Carnival and Playground committees have met. Please stay tuned for future meetings. You are welcome to attend any meetings as we are always needing volunteers!

Emergency Preparedness: Did you know that only 1 out of 5 families are prepared if there was a natural disaster? Our goal is to improve those statistics in our community. We will be sending weekly posts in the blasts on how you can get your family ready! Throughout the month we will also be having a fundraiser to purchase Emergency Preparedness Kits of many sizes, as well as things that will help you in the case of an emergency. The proceeds from this fundraiser will help keep our school supplies up to date.

Book Fair: Our Spring Book Fair will be the week of March 4-6. With our Family night being Tuesday March 5th. Set up will be Thursday Feb 28 and/or Friday March 1. Please e-mail Nicole at nekoalne@hotmail.com if you are able to volunteer for any shifts.

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Choice Registration opens for Kindergarten at noon (French Immersion, Environmental School and Montessori) (Closes Feb 4)	2
3	4 Choir Practice Boys Comp. Basketball practice at 7:30am Boys Rec. game	5 Grade 8 On-Line Registration at noon Girls Basketball; home game vs Yennadon	6 Choir Practice Boys Comp. Basketball game @ M.R. Christian School Boys Rec. practice @ 7:30	7 BC Lions Energy Presentation 12:45 Girls Basketball; practice in gym 2:30-3:30	8 Drama All Day Div. 16 & 17 to Save On Foods – Nutritional Tour	9
10	11 Choir Practice Boys Comp. Basketball practice at 7:30am	12 Drama all day Girls Basketball; away game at Alexander Robinson GC Club Bake Sale PAC Meeting 7:00pm General Kindergarten registration opens (Closes Feb 19)	13 Choir Practice Boys Comp. Basketball game at Laityview Boys Rec practice @ 7:30	14 <i>Valentine's Day</i> Non-Instructional Day – no school for students	15 School Not In Session	16
17	18 Family Day – no school for students	19 Div. 19 Mme Fisher field trip Firehall at 11:00am Drama all day Girls Basketball; away game at Hammond Div. 7,8 & 9 In class water workshop	20 Div. 5 & 6 In class water workshop Last day to register on-line for Grade 8 Choir practice Boys Comp. B'ball game @ home vs. Ed Mac Boys Rec. practice @ 7:30	21 Girls Basketball practice in the gym 2:30-3:30 Drama all day Final Lug-a-Mug Day	22 Spirit Day – Funky Hats Drama all day	23
24	25 Choir Practice Boys Comp Basketball practice at 7:30am	26 Girls Basketball ; away game at Alexander Robinson Div. 16,17,18,&19 to CPF Film Festival Drama all day	27 <i>Kindness Counts Assembly at 1:00pm (Wear Pink)</i> No Choir Boys Comp. Basketball game at Davie Jones Late Kindergarten Registration Opens	28 Girls Basketball wrap up 2:30-3:00 Drama all day		